Adventure-Activities in Pokhara
INTRODUCTION

Pokhara, a valley filled with majestic beauty. A graceful place with abundance beauty of Annapurna Himalayan Range whose reflection can be seen on Phewa Lake. Among higher Mountains of the world panoramic view of Dhaulagiri, Annapurna and Manaslu can be gazed clearly on Northern side of Pokhara. There are lots of museums, medieval temples and monasteries to visit. Pokhara, city of ten lakes is also the gateway for Annapurna region Trekking. It is the capital of the Gandaki Province which is located 200 KM west from Kathmandu, the capital of Nepal.
Pokhara Municipality was established on 2016 B.S. (1960 A.D.), finally transformed into Pokhara Metropolitan City on 2075 B.S. with 33 wards having an area of 464.24 Sq Km. According to CBS data of 2011 A.D., total population of PMC is 4,13,397. The population is increasing tremendously with increment of construction of Roads and other facilities for sustainable development.

**Birth place of Kabi Shiromani Lekhnath Paudyal**
Places to visit

Bindhyabasini Temple

Bindhyabasini temple, one of the historical and religious monument which lies on the hillock in between Bagar and Old Bazar at Pokhara-2. Thousands of pilgrims visit this temple for divine blessing and tranquillity of mind.

Peace Pagoda

The brilliant white-washed structure of the world peace pagoda offers a lot more than just a stupa. It stands as a symbol of peace and proud. It is at a road distance of about 7 km south west from city centre. It is also known as a Buddhist pagoda monument located at a height of 1,100m on a hill top overlooking the Phewa Lake. This is the second peace pagoda in Nepal after the one in Lumbini, the birth place of Lord Buddha. Apart from stunning view of the Majestic Mountain and lake, one can also enjoy the splendid view of sunrise and sunset from the stupa. A touch of happiness will tingle in your heart. - Simply a paradise where you can see, feel, touch and be with the nature in this life without practicing any religious act.
Places to visit

Barahi Temple

Barahi temple is situated on a small, shady island over the Phewa lake. It is one of the most important Hindu monuments in Pokhara. It is a hindu temple of the Goddess Durga (Barahi), the protector of gods. We have to go this temple by boat.

Devi's Falls

Devi's falls is a fascinating waterfall located at Pokhara-17, Chhorepatan, Siddhartha Highway. The water overflowing from Phewa lake, which drops in to a cavernous gorge forming a rainbow fall. It is an attraction for tourists and locals. Thousands of tourists visit for recreation and enjoyment.
City of Ten Lakes

Pokhara is also known as a city of ten lakes. Phewa, Begnas, Rupa, Khaste, Dipang, Maudi, Gude, Niuren, Kashyap and Kamal lakes are located at Pokhara Metropolitan City.

**Phewa lake**

The second largest lake of Nepal is a thing of beauty indeed. The focal point for any dreamy traveller, the lake is hugged by lush forests from all around. On a clear day, the majestic Annapurna is clearly reflected on the delightful lake’s mirror surface. Many people walk or cycle around the lake shore the trek up to the World Peace Pagoda affords breathtaking views over the lake and the mountains beyond.

**Begnas lake**

A beautiful and elegant lake situated at Eastern part of Pokhara, Begnas lake is literally a breath of fresh air. Jaw-dropping serene and much less crowded than the Phewa lake, Begnas lake is a true gem.
City of Caves

There are many caves in Pokhara.

- **Mahendra cave** is a large limestone cave famous for its stalagmites and stalactites. The cave attracts thousands of tourists every year. A statue of Hindu lord Shiva can be seen inside the cave.

- **Gupteshwor mahadev cave** is located at Pokhara-17, Chhorepatan opposite of Devi's falls. This cave is sacred for Hindus as an idol of Lord Shiva.

- **Bat cave (Chamere Gufa)** is another limestone cave at Pokhara-16, near to Mahendra Cave. It is a habitat for a large number of the nocturnal flying mammals known as bats. It shelters to more than 10 thousand bats of different species.
Places to visit

Sarangkot

Famous for its breathtaking panoramic views of the Annapurna & Dhaulagiri ranges, Pokhara valley, Phewa lake and morning sunrise. Sarangkot, a hilly station famous for world class paragliding and others adventurous activities has an immense roll to enhance and promote tourism in the valley.

Rastriya Bibhuti Tatha Sahid Park

Rastriya Bibhuti & Sahid Park is located at Pokhara 18, Jamunbot. This park is famed for aside view of Pokhara city & statue of Martyrs. Open Gym is constructed at the lower part & statue of king Prithvi Narayan Shah is located at the top of the park. The Local Government has newly built this park for the conservation and promotion of cultural heritage.
Places to visit

Kahun Danda/Dharahara

We can see the forked summit of Machhapuchhre and other alluring mountains from this place including the dense Pokhara city.

Kaskikot

Kaski was the ancestral state of the Shah Kings of Nepal. Both Mountain and lakes are visible from the Kaskikot viewpoint. Maula Kalika, a famous historical place is located on the top of the hill.

Thulakot

Thulakot, a beautiful hill station is located at an elevation of 1450 m. that offers views of Phewa, Kamal, Begnas, Mesti, Dipang, Gude, Nureni and Khaste lakes.
International Mountain Museum

"Museum in a Changing world, New Challenges, New Inspirations" another appealing place where you can see original gear from many of the first Himalayan ascents, as well as displays on the history, culture, geology, and flora and fauna of the Himalaya. You can even try your hand at a little rock climbing on the pilot model of Mt. Manaslu before you head on for the real ones.

More Places to Visit

- Panchase PMC-23
- Machhapuchhre View Point, PMC-22.
- Pumdikot, PMC-22
- Armalakot, PMC-16
- Tiger Top, PMC- 26 etc.

Sister Cities

Bharatpur Metropolitan city, Nepal
Dharan Sub Metropolitan City, Nepal
Komagane City, Japan
Linzhi, China
Adalar, Turkey
Kunming, China
Guanzhou, China
Yibin City, China
Haikou City, China
Gongbuk-Gu, South Korea
Naning, China
Ganzhi, Tibet, China

For Suggestion

Tourism & Culture Promotion Team
- Gangalal Subedi (gangasbd@gmail.com)
- Laxman Timilsina (laxmanbabu2009@gmail.com)
- Sabina Gautam (anibasgtm@gmail.com)
- Bhuvaneshwar Timilsina (bhuvant@gmail.com)
WELCOME TO POKHARA

Pokhara Metropolitan City